Your Smile At Age 70

Picture your smile at age 70...than picture yourself with what you consider the smile you would LIKE to have at 70. Is there a difference?

Before, we thought of a maturing smile as one with darker, worn, sealed or even missing teeth. The people that had their smile fixed many times had unnatural looking teeth.

Our society is changing its perception of how one should look and feel in the Golden Years. Look at our vibrant seniors at the YMCA exercising, traveling and Criss-Cross socializing

with our youth. It is estimated that by the time the Baby Boomers could reach age 100, there will be over one million centurions in the U.S.A.

Dentally, it is exciting to see the dramatic changes in the past two years in being able to keep our smiles whiter, less worn and more naturally vibrant. In January 1999, a European company released a tooth colored material that is as strong as the metal we now use on crowns. That is a dramatic advance as we now can change those fake looking front teeth into smiles that nobody could tell wasn't yours naturally.

Some relatively inexpensive services that dentistry now can offer for smiles is Bleaching which you do at night with a specifically made mouth guard. The results are fast, safe and dramatic.

Do you have worn places on your front teeth that look like brown holes in the top of your teeth? With no numbing and little costs, we can now bond those places and re-vitalize age looking teeth instantly.

It's professionally rewarding to me to now be able to confidently deliver those beautiful smiles. Nothing was more frustrating in the past than for both you and I to work hard to improve the smile, only to fall short of our esthetic goal because the materials available couldn't fill our expectations.

Your health, your self-image, and your vitality is a personal decision. It's terrific that all the medical fields are working to help YOU to achieve YOUR goals.

Today is the first day of the rest of your life.